

Cumbria Canoeists

Skills Development Day 2007

Sunday September 2nd 10am

St Bees Public Car Park Beach

The following coaches will be leading sessions:

Sea Kayak

Mike Tinnion	Beginners/Improvers	8 Max
Doug Hardie		
Barry Howell	Intermediate	8 Max
Jim Wilson	Intermediate	8 Max

Surf Kayak

Sean Mc Grath	Beginners/Improvers	8 Max
Greg Bartlett		
Roger Ward	Intermediate	6 Max
Gavin Smallbone	Intermediate	6 Max

Beach Master

Matthew Ellis

The Coast Guard and St Bees Lifeboat have been informed of the event.

LW - 0950hrs

HW - 1530hrs 7.7m Spring Tides

Please send a Cheque for £10 made payable to Cumbria Canoeists to:

Matthew Ellis Glebe Croft, Lazonby, Penrith, CA10 1AJ

Please supply an e-mail address if you require confirmation of booking.

Participants must have a Cumbrian address and be a member of the BCU or a recognised BCU affiliated club.

Please read the statement below and sign if you agree to the terms of participation.

Seakayaking and surfkayaking are potentially hazardous activities involving an inherent level of danger.

The workshop leaders are experienced and competent paddlers and every attempt will be made to identify hazards and manage risk to an acceptable level. However, the organisers and leaders are undertaking their responsibilities on the understanding that participants recognise and accept the risks involved.

Signed _____